

New Fathers Support Group



This is a FREE ongoing group where dads can connect, share their experiences, and ask questions about their new role as a father. We will discuss anything and everything that is important to you from practical baby-care tips to how to navigate the stresses of being a new dad.

The groups will be led by Chris White MD, a pediatrician of 22 years and a father of two boys.

When

Friday mornings 9 -10 am

Cost

This is a FREE event for the MarinHealth community.

Registration

Email Christopher.White@mymarinhealth.org to receive the Zoom link to this group.